Awake and Aware: Gratitude as a Form of Mindfulness

Tuesday evenings December $5^{\rm th}$, $12^{\rm th}$, $19^{\rm th}$ 6:30-8:30 p.m. Wesley Lounge

Advent Scripture talks about being prepared and awake for Christ's arrival in the world and in our hearts. Our wider culture talks about being prepared for family, friends and gift giving. Yet both calls to action can feel overwhelming, even confusing. Is there a balance between the spiritual and the social? Or is it all woven as one piece? And where is our peace to be found?

In this 3-week miniseries, we will lean on the practices of gratitude and radical hospitality while listening to the invitations from Scripture and society. Through hands-on projects, private reflection and small group discussion, we will reflect on new definitions of being awake, aware and present this Christmas season. The goal is to hold space each week to slow down and listen to the still, small voice of God so that we can cultivate a peace that we carry with us every day.

Retreat Facilitator: Jennifer Willhoite
Jennifer is a member of Campbell United Methodist Church and is
currently studying at Mercy Center in Burlingame, CA to become a
licensed spiritual director. She was a student at the Pacific School of
Religion in Berkeley and learned meditation and Christian contemplative
prayer at Ignatius House, a Jesuit retreat center in Atlanta. She enjoys
artwork of all kinds and using creativity as a way to address spiritual
questions. And she's a baseball fan.

Biving Opportunities

There are many ways to practice charity at Christmas time. Campbell UMC offers the following opportunities to give to those in need:

13th Month Gift to CUMC

Help Campbell UMC end the year in good financial position with an additional gift, perhaps even equivalent to one month of giving.

AMDCF

The Abdul Miracle Disabled Children's Fund helps disabled children in Sierra Leone with funds for school supplies, school fees, medical and physiotherapy needs, and in some cases, food, shelter, and clothing.

AMDCF was started by CUMC member Sahr Moiwa in thanksgiving for the strides made by his son Abdul, who was disabled in a car accident. AMDCF offers similar hope and help to other disabled children. http://www.amdcf.org

Giving Tree

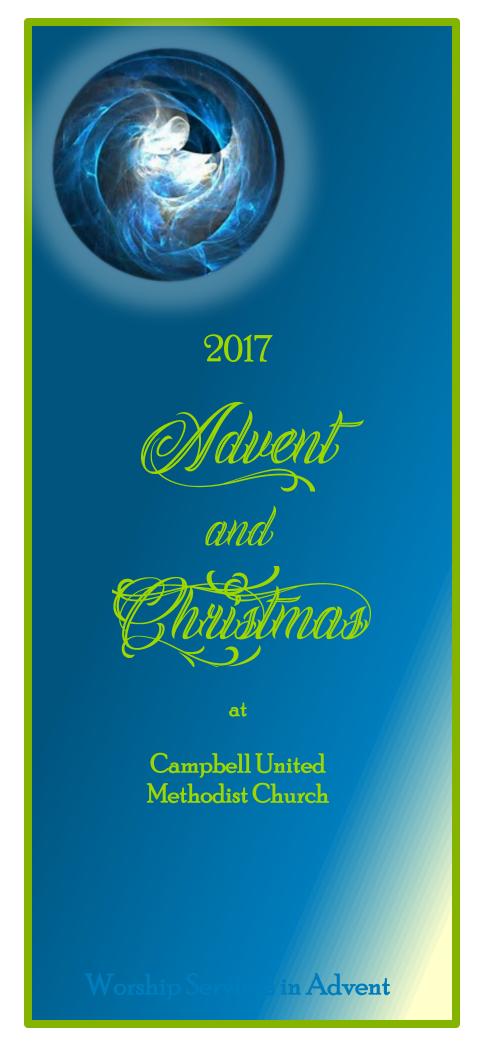
Take a tag from the Giving Tree in the foyer of Fellowship Hall. It will have a gift request from a needy child. Purchase the gift and return it, <u>unwrapped with the tag attached</u>, to the church office by Monday, December 18th.

UMCOR

The United Methodist Committee on Relief supports those who have experienced disasters, both national and international. Help facilitate recovery for those who have been through the North Bay fires, and hurricanes Harvey, Irma, and Maria.



1675 Winchester Blvd Campbell, CA 95008 www.campbellunited.org



WORSHIP SERVICES



The angels that appear in the story of Jesus' birth would have been very comfortable in our world of tweets and hashtags. Their messages were often short and to the point – their favorite line being #DoNotBeAfraid. As we look at the stories of these winged messengers to Zechariah, Mary, Joseph, and the shepherds, and their reactions to the angels, we will contemplate what messages we can offer that will counteract a culture of fear, and bring #morehope, #morepeace, #morejoy, and #morelove to the world.

1st Sunday in Advent

December 3rd

"Make Ready A People: #morehope"
Luke 1: 5-25, 57-80
The Angel speaks to Zechariah
Sacrament of Holy Communion

2nd Sunday in Advent

December 10th

"Nothing Is Impossible: #morepeace"
Luke 1: 26–56
The Angel speaks to Mary

3rd Sunday in Advent

December 17th

"Do Not Be Afraid: #morejoy" Matthew 1: 18–25 The Angel speaks to Joseph

4th Sunday in Advent

December 24th

"This Will Be A Sign: #morelove" Luke 2:1-20 The Angels speak to the shepherds

The Sunday after Christmas

December 31st

"Get Up and Go: #morelife" Matthew 2:1–23 The Angel speaks to Joseph

Christmas Eve

December 24th

5:00 p.m. Family Worship with Children's Pageant

9:00 p.m. Lessons and Carols Traditional Service

Both services followed by candlelighting and singing in the courtyard

SPECIAL EVENTS

Merry Mayhem Sdvent Horkshop

Sunday, December 3rd

2:00 p.m. to 5:00 p.m.

Break into the Holiday Spirit with crafting, giving, and caroling.

For ALL generations: the young and the young at heart!

Please bring a canned item to fill up our food barrels



One-half hour of music of the season, from 12:30 p.m. to 1:00 p.m. Free and open to the public

Friday, December 1st

Brian Holmes, french horn Jounda Tresner, soprano

Friday, December 8th

Shine Kwon, organ

Friday, December 15th,

Carolyn Pryor, organ

Campbell MMC Christmas Concert

RINGERS, SINGERS, AND PLAYERS

Sunday, December 17th 3:30 p.m.
Sanctuary

Reception following in Fellowship Hall

Free and open to the public, free-will offering accepted

